

MEDICAL HISTORY

This is a confidential part of your treatment and will be kept in this office. Information included on this form will not be released to anyone without written authorization from you.

DATE: _____ NAME: _____ (Last) (First) (Mi) DOB: _____

BIRTHPLACE (city & state) _____ Gender Identity _____ Preferred Pronouns _____

Years in NM: _____ Occupation: _____ Date of last exam/visit with PCP: _____

Pharmacy/phone #: _____ PCP/Referring Provider _____

NO CHANGES

AUTOIMMUNE DISEASES/TREATMENT

- Hashimoto's Disease _____
- Lupus _____
- Sjogren's syndrome _____
- Other: _____

CARDIAC HISTORY/TREATMENT

- Atrial fibrillation _____
- CAD (coronary artery disease) _____
- CHF (congestive heart failure) _____
- Defibrillator _____
- Hypertension _____
- Hypercholesterolemia _____
- Myocardial infarction (heart attack) _____
- Pacemaker _____
- Other _____

ENDOCRINE/TREATMENT

- Diabetes mellitus I II _____
- Hyperthyroidism (high) _____
- Hypothyroidism (low) _____
- Other _____

GASTROENTEROLOGY/TREATMENT

- Celiac disease _____
- Crohn's disease/ulcerative colitis _____
- Diverticulitis _____
- GERD (acid reflux) _____
- Gout _____
- Hepatitis _____
- Irritable bowel syndrome _____
- Other _____

MUSCULOSKELETAL/TREATMENT

- Arthritis _____
- Osteoarthritis _____
- Osteoporosis _____
- Psoriatic arthritis _____
- Rheumatoid arthritis _____
- Other _____

PSYCHOLOGICAL HISTORY

- ADD/ADHD _____
- Anxiety _____
- Depression _____

PULMONARY/TREATMENT

- Asthma _____
- COPD/Emphysema _____
- Hayfever/seasonal allergies _____
- History of tuberculosis _____
- Lung cancer _____
- Pulmonary embolism _____
- Sleep apnea CPAP Y N _____
- Sinus problems/infection _____

SKIN CANCER

- Basal cell Carcinoma _____
- Melanoma _____
- Squamous Cell Carcinoma _____
- Other _____

SKIN CONDITIONS/TREATMENT

- Acne _____
- Actinic Keratosis _____
- Alopecia _____
- Asteatosis cutis (excessive dry skin) _____
- Atypical mole _____
- Eczema (atopic dermatitis) _____
- History of measles _____
- History of Scarlet fever _____
- History of varicella zoster/chicken pox/shingles _____
- Psoriasis _____
- Syphilis _____
- Vitiligo _____
- Warts _____
- Other _____

URINARY/RENAL/TREATMENT

- Benign prostatic hyperplasia _____
- Dialysis _____
- Kidney Disease _____
- Prostate cancer _____
- Other _____

MISCELLANEOUS/TREATMENT

- AIDS/HIV _____
- Anemia _____
- Breast cancer _____
- DVT _____
- Leukemia _____
- Lymphoma _____
- Other: _____



Are you pregnant or breast feeding? _____ Do you plan on getting pregnant in the near future? _____

Have you had the influenza (flu) vaccination within the past year? Y N

Have you had the pneumococcal (pneumonia) vaccination within the past five years? Y N

Have you had the Covid-19 vaccine? Y N

Do you have a living will? Y N Do you have a DNR? Y N

Do you wear sunscreen? Y N SPF? _____ Sun protective clothing? Y N _____

PAST SURGICAL HISTORY

- | | | |
|--|--|---|
| <input type="checkbox"/> Appendectomy (appendix) | <input type="checkbox"/> Defibrillator | <input type="checkbox"/> Mastectomy L R |
| <input type="checkbox"/> Cesarean (c-section) | <input type="checkbox"/> Heart Valve Replacement | <input type="checkbox"/> Nephrectomy (kidney removal) |
| <input type="checkbox"/> Cholecystectomy (gallbladder) | <input type="checkbox"/> Hip Replacement L R | <input type="checkbox"/> Oophorectomy (ovary removal) |
| <input type="checkbox"/> Colostomy | <input type="checkbox"/> Hysterectomy | <input type="checkbox"/> Pacemaker placement |
| <input type="checkbox"/> Coronary bypass surgery | <input type="checkbox"/> Knee Replacement L R | <input type="checkbox"/> Prostatectomy (prostate removal) |
| <input type="checkbox"/> Coronary stent placement | <input type="checkbox"/> Lumpectomy L R | <input type="checkbox"/> Transplant _____ |
| | | <input type="checkbox"/> Other: _____ |

PLEASE LIST ALL CURRENT MEDICATIONS (including prescription, over-the-counter and herbal medications)
Please list name, dosage and how the medication is administered.

Do you require the use of coumadin (warfarin), aspirin, Plavix (clopidogrel), Pradaxa (dabigatran etexilate) or Xarelto (Rivaroxaban)? If yes, please circle.

DRUG ALLERGIES & REACTIONS

NONE _____

SOCIAL HISTORY

Non-smoker Former smoker Current smoker how much? _____ Other _____

Do you drink alcohol? Y N If yes, how many drinks do you have per day? ____ < 1 ____ 1 to 2 ____ 3 or more

How many times in the past year have you had 5 or more drinks in a day (men) or 4 or more drinks in a day (women)? _____

FAMILY HISTORY (not the patient)

- | | |
|---|--|
| <input type="checkbox"/> Asthma if so, who? _____ | <input type="checkbox"/> Hay fever if so, who? _____ |
| <input type="checkbox"/> Basal Cell Carcinoma/Squamous Cell Carcinoma _____ | <input type="checkbox"/> Melanoma if so, who? _____ |
| <input type="checkbox"/> Eczema if so, who? _____ | <input type="checkbox"/> Psoriasis if so, who? _____ |
| <input type="checkbox"/> Other: _____ | |